

Audit: 'Quantitative' High Dose Opioids excl. Cancer/EoL

Date: 07/08/2025

Audited by: Dr Paul Driscoll and Mrs J Layton

OPEN PRESCRIBING INFORMATION:

Why it matters: The Opioids Aware project seeks to improve prescribing of opioid analgesia. There is little evidence that opioids are helpful in long term pain, and the risk of harm increases significantly above 120mg morphine (or equivalent) per day, without much increase in benefit.

RESULTS:

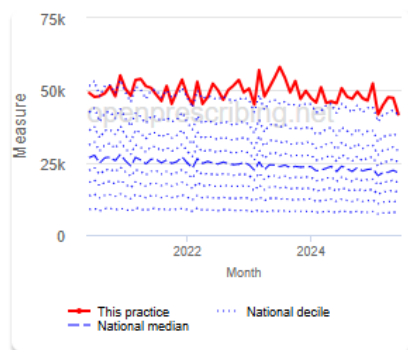
Name	BRAN	COMB	DEB	HAV	HOW	OAK	DERB	SPC Total	% change Total SPC since previous time period
1. HDO on rpt (excl cancer or EoL) CURRENT	3	4	7	0	7	3	9	33	-17.5%
2 HDO on rpt (excl cancer or EoL) JAN 25	4	6	7	2	8	4	9	40	-21.6%
3. HDO on rpt (excl cancer or EoL) JAN 24	4	6	8	3	12	5	13	51	-1.9%
4. HDO on rpt (excl cancer or EoL) JAN 23	5	8	9	3	9	4	14	52	-18.8%
5. HDO on rpt (excl cancer or EoL) JAN 22	4	12	10	6	10	4	18	64	-11.1%
6. HDO on rpt (excl cancer or EoL) Jan 21	3	12	13	9	10	5	20	72	

Source / Patient Lists Clinical Reporting - Helen Flatt SPC =- 2025 High Dose Opioids

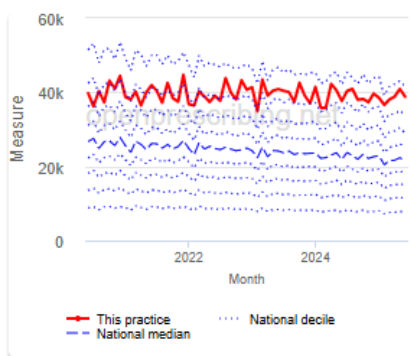
- Steady reduction in high dose opioids. Decreased to 45% of amount in 2021
- Comparative data – Open Prescribing – Practices could improve further
- Present in quality searches since 2021
- No specific active requester to date
- Increase in evidence re: concerns/lack of effect

OPEN PRESCRIBING DATA:

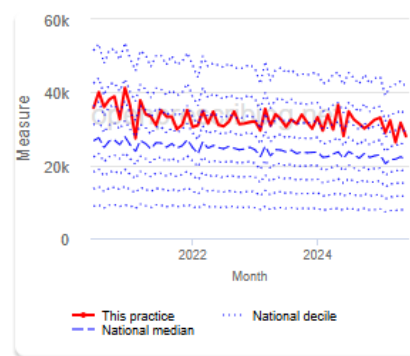
D83015: HOWARD HOUSE SURGERY



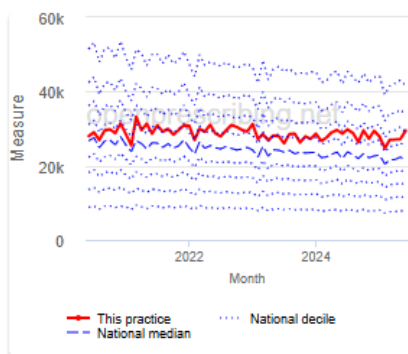
D83079: COMBS FORD SURGERY



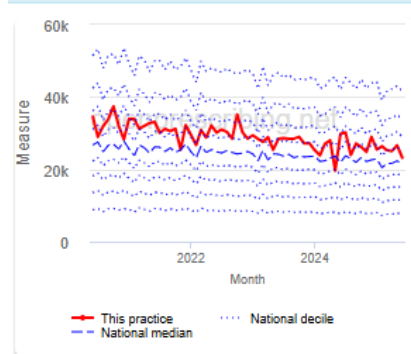
D83081: HAVEN HEALTH



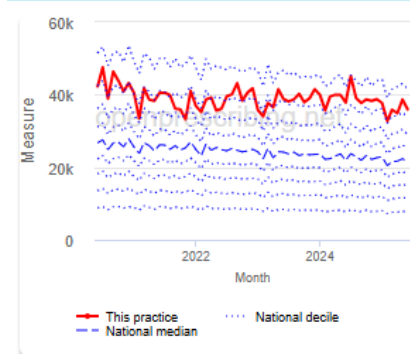
D83051: THE DERBY ROAD PRACTICE



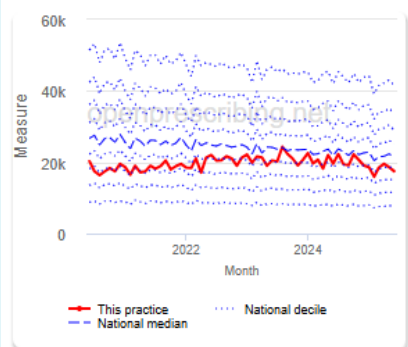
D83041: DEBENHAM GROUP PRACTICE



Y00774: BRANDON MEDICAL PRACTICE



D83067: OAKFIELD SURGERY



ACTIONS:

- Share Audit
- Review those not reviewed in last 12m – Haven Pharmacist LB to review
- Produce letter explaining risks to all patients - Haven Pharmacist LB to draft letter
- Continue to monitor
- Policy not to increase >120 OME (NICE guidance)
- Prescribing not to increase, take opportunities to decrease