

MARTLESHAM SURGERY - PRACTICE & PATIENT GROUP (PPG) NEWS JANUARY 2020

First we would like to wish all patients of the Martlesham surgery and their carers a very happy and healthy new year.

The PPG has been busy during 2019 working on patient communications. To this end, we are in the process of updating our PPG page on the website and creating some useful patient leaflets, which will be available in the waiting room and on the website.

The exercise and education programmes for patients at risk of falling is continuing and, at the time of writing, we have a few places left for the programme starting in February. Please contact Lynne Marsh at the surgery if you'd like a place. This is a PPG initiative and it may be possible to get further funding to continue the programme if there is sufficient demand.

There's a new social prescribing service called Connect for Health and our practice is one of those taking part. It is designed to provide support to adult patients who are facing a range of non-medical challenges which affect their wellbeing and to reduce social isolation. Patients can self-refer or be referred by a health or social care provider, such as their doctor. Referral forms are available at the surgery or you can call 07967 395985 or 07790 922228.

PPG Chair